

Using Motivational Interviewing with Clients of Color

Workshop for Behavioral/Mental Health Providers

July 20, 2017 • 1pm - 5pm

**Westside Regional Center—3rd Floor Board Room
5901 Green Valley Circle, Los Angeles, CA 90230**

Presenter:



Allen E. Lipscomb has his doctorate in psychology with a clinical emphasis in marriage, family and child psychotherapy. Dr. Lipscomb is a Licensed Clinical Social Worker in the state of California who specializes in providing mental health services to individuals, children, youth and families of color. His areas of research are centered around the psychiatric epidemiology among racialized Black identified men across the Black/African Diaspora; complex-trauma related disorders among children, youth and men of color; cross-cultural assessment of mental disorders among racialized communities; Non-stigmatizing and Nonwestern alternative psychotherapeutic interventions for marginalized communities. He published his first book last Summer titled: *Black Male Grief Reaction to Trauma: A Clinical Case Study of One Man's Mental Health Treatment*. Dr. Lipscomb is an Assistant Professor at California State University Northridge in the Department of Social Work.

About the Event:

The principal aim of this course is to provide learners with an introduction to the basic principles of Motivational Interviewing (MI) and to have an opportunity to practice some of the key skills involved in this way of working with clients of color. In addition, the workshop will provide tools for working with clients with dual diagnosis of developmental disability and mental health conditions.

Participants will be able to:

- ◆ Understand the concept of motivation.
- ◆ Relate motivation to a model of behavior change when working with clients of color.
- ◆ Improve skills in assessing motivation among clients of color,
- ◆ Recognize resistance and develop skills to work with ambivalence among clients of color,
- ◆ Understand the principles and explore some of the strategies of Motivational Interviewing with clients of color.

To register, go to

https://mi_clients_color.eventbrite.com

Please address any questions to Erin Fox at erinf@westsiderc.org or 310-258-4253.

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