

Challenging Behaviors Across The Lifespan:

Medical, Psychiatric, and Developmental Etiologies in Autism and Other Developmental Disabilities

May 8th, 2010 • Annenberg Community Beach House, Santa Monica, CA

Register online: www.mhsinc.org/calendar

FREE CMEs and CEUs • Registration fee: \$50 in advance \$60 at the door • \$25 interns/residents in training

8:15am - 9:00am **Registration and Continental Breakfast**

9:00am - 10:30am From Toe-walking to Tantrums: Early Recognition of Developmental and Mental Health Conditions in Children and Adolescents

> Martin Stein, MD - Professor of Pediatrics - Division of Child Development & Community Health Rady Children's Hospital University of California, San Diego

10:30am - 10:45am Break

10:45am - 12:15pm Getting Your Foot in the Door: Optimizing Referrals in Mental Health and

Developmental Disabilities

Mayra Mendez, PhD, LMFT - Clinical Coordinator of Developmental Disabilities Program Saint John's Child

& Family Development Center

12:15pm - 1:00pm **Networking Lunch**

1:00pm - 2:30pm Finding Your Way Home: Managing Inter-specialty Care for Patients

with Complex Behavior Needs

Clarissa Kripke, MD - Associate Clinical Professor - Department of Family & Community Medicine

University of California, San Francisco

2:30pm - 2:45pm **Break**

2:45pm - 4:15pm From Abilify to Zoloft: Managing Psychiatric Medications for Children &

Adults to Improve Behavioral Outcomes

Mark DeAntonio, MD - Director of Inpatient Child & Adolescent Services, Resnick Neuropsychiatric Hospital

University of California, Los Angeles



Annenberg Community Beach House

DIRECTIONS: 415 Pacific Coast Highway, Santa Monica, CA 90402. Tel: 310-458-4904 Head toward the ocean and turn at 'Beach House Way' off PCH







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Description

The conference will concentrate on the factors that make it difficult for providers to determine whether a challenging behavior may be due to medical, psychiatric, or developmental issues. Screening, assessment, diagnosis, and management of developmental disabilities and mental health disorders will be discussed. Finally, attendees will be given practical tools and resources on how to better manage this population with complex needs.

Target Audience

Physicians, licensed/independent clinicians, and interns/residents in training.

Objectives

- Recognize maladaptive behavioral symptoms and presentation of the patient/client with behavioral challenges and formulate a differential diagnosis.
- Participants will develop a framework to address medical, mental health and developmental causes of maladaptive behaviors in patients/clients with developmental and psychiatric conditions.
- Learn through sample cases and discuss the complicating factors when attempting to understand how emotional and cognitive characteristics intertwine.
- Identify issues associated with psychopharmacology, including targeting medication to behaviors, polypharmacy, and side effects.
- 5. Learn about local resources, collaboration and referrals when managing patients/clients with developmental disabilities and mental illness.
- Learn about communication and cultural competency in developmental and mental health.

EDUCATION CREDIT/CONTINUING MEDICAL EDUCATION: 6 HOURS

CME Credit: Rady Children's Hospital-San Diego designates this educational activity for a maximum of 6.0 AMA PRA Category 1 Credits!! Physicians should only daim credit commensurate with the extent of their participation in the activity. Westside Regional Center maintains responsibility for this program and its content for the CME Credit.

LCSWs/MFTs: Course meets the qualifications for 6 hours of continuing education credit as required by the California Board of Behavioral Sciences (Provider #PCE 2280).

BRN: Mental Health Systems, Inc. is approved by the California Board of Registered Nursing (Provider # CEP15343 for 6 CEH's)

APA Approval: Mental Health Systems, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. (Provider # 1719)

Mental Health Systems, Inc. maintains responsibility for this program and its content





Partners:







