

# ***Working with African American Clients and Families***

## ***Workshop for Behavioral/Mental Health Providers***

**July 12, 2017 • 9am - 12pm**

**Westside Regional Center—3rd Floor Board Room  
5901 Green Valley Circle, Los Angeles, CA 90230**

### **Presenter**



Dr. Rick Williamson is a clinical psychologist with Emmada Psychology Center – a psychotherapy group that specializes in work with culturally diverse populations. Dr. Williamson's clinical specialty is in the effects and treatment of trauma on the person and community. He works within the most difficult contexts helping to promote resilience in those directly affected by adversity as well as works with those who provide care to those directly impacted. He regularly provides trainings for the clinicians and staff with the Los Angeles Department of Mental Health, San Bernardino's Department of Behavioral Health, and Orange County's Department of Mental Health. He completed his postdoctoral work in Cross-Cultural research at UCLA. His PhD in Clinical Psychology is from Fuller's Graduate School of Psychology. He also holds Masters degrees in Psychology and Theology from Fuller, and completed his undergraduate studies at Princeton University.

### **About the Event**

This workshop is designed to facilitate cultural competency in clinicians who provide psychosocial support to clients that identify as Black-/African- American. Content will address the research on racial disparities and will provide an understanding of the common experiences of African Americans within US society and the mental health system in particular. The workshop will particularly address the experiences of dually diagnosed African Americans and examine the factors involved in effective treatment engagement. The workshop will also highlight the key skills necessary to developing cultural proficiency with African Americans.

### **Participants will be able to:**

- ◆ List the factors that lend to racial disparity in mental health service utilization for African Americans.
- ◆ Describe the factors that are associated with mental health in African Americans.
- ◆ Convey an understanding of the intersectionality of developmental disability, mental health conditions and culture and how this influences one's experience and treatment.
- ◆ Identify the clinical skills associated with the development of cultural proficiency in work with African Americans and African American families.

**To register, go to**

**[https://working\\_with\\_aa\\_clients\\_and\\_families.eventbrite.com](https://working_with_aa_clients_and_families.eventbrite.com)**

Please address any questions to Erin Fox at [erinf@westsiderc.org](mailto:erinf@westsiderc.org) or 310-258-4253.

**This training event is funded by the Mental Health Services Act (MHSA) in partnership with the Department of Developmental Services.**