

Child Parent Psychotherapy (CPP) Initial 3-Day Clinician Training

March 29 - 31, 2016 • 8:30am - 4pm
Westside Regional Center—3rd Floor Board Room

About the Event

Westside Regional Center is organizing a series of training events on Evidence-Based Practices approved by the Los Angeles County Department of Mental Health for Prevention and Early Intervention (PEI) services. Staff attending the training with the intention of claiming client services to Los Angeles County MHSA PEI Programs, must ensure that clients meet the PEI target population guidelines and that the agency is approved to provide Child Parent Psychotherapy (CPP).

Child Parent Psychotherapy (CPP) is an intervention model for children ages birth to 5 years who experienced at least one traumatic event and are expressing mental health, attachment, and/or behavioral problems as a result.

Training Requirements:

- ◆ Read CPP manuals—"Don't Hit my Mommy" and "Psychotherapy with Infants and Young Children"
- ◆ Attend Initial 3-day training
- ◆ Attend 6-month follow-up 2-day workshop
- ◆ Attend 12-month follow-up 2-day workshop
- ◆ Provide CPP to at least 4 cases with children under age 6 who have experienced traumatic events
- ◆ Treated at least one family at least 11 sessions past the CPP feedback session
- ◆ Attend the bi-weekly consultation calls during 18-month period
- ◆ Present at least two times on consultation calls
- ◆ Participate in and have access to CPP reflective supervision (group or individual) at agency

Participants must complete all components of the training series to qualify to be rostered as a CPP Clinician.

Presenter

Maricella Mendez-Sherwin, Ph.D., a Licensed Clinical Psychologist, has worked for over 21 years with children, adolescents and adults. During the last 15 years she has specialized in working with young children and families experiencing trauma.



Dr. Mendez-Sherwin is a National Trainer in Child Parent Psychotherapy (CPP) endorsed by the CPP developers at UCSF as well as the National Child Traumatic Stress Network.

Dr. Mendez-Sherwin is a Graduate Fellow of the Infant-Parent Mental Health Post-Graduate Program through the University of Boston Massachusetts. Dr. Mendez-Sherwin has worked at Children's Institute, Inc. for 11 years as a trainer and supervisor for all the early childhood evidenced based practices.

This training will help participants:

- ◆ Identify ways trauma, attachment, culture, and development impact assessment/treatment planning
- ◆ Assess child and caregiver functioning
- ◆ Identify ways to implement the model when working with learning and developmental challenges
- ◆ Utilize CPP Foundation Phase of treatment
- ◆ Identify components of feedback session
- ◆ Name steps in framing treatment with trauma triangle
- ◆ Identify steps when struggling with clinical cases
- ◆ Utilize Fidelity toolkit to support clinical practice

To register, go to: <http://cpp-wrc.eventbrite.com>

Cost: FREE!

Contact Lindsay du Plessis at lindsayd@westsiderc.org, or 310-258-4204, with questions.

This training event is funded by a grant from the Robert Ellis Simon Foundation.