

Want to Be a Parent Mentor?

Parent Mentor Program is a FREE training and support program for family caregivers who want to mentor parents caring for youth and young adults with developmental disabilities and mental health conditions (like anxiety and depression).

This program includes:

- Training to become a parent mentor
- Working with other families
- Monthly continuing education
- Mentor stipends
- Training workshops: mental health conditions, parent support, managing stress, system navigation, and many, many more!

Become a Parent Mentor to:

- Help others in identifying their concerns and priorities
- Assist in matching families with appropriate support and resources
- Be a support to another family
- Increase your own knowledge and skills about systems of care for individuals with dual diagnoses

»JOIN US!«

DAY: Saturdays - July 16th, July 23th, and July 30th, 2016
TIME: 9.30am till 3.30pm
LOCATION: Westside Regional Center, 5901 Green Valley Circle,
3rd floor boardroom, Culver City, CA 90230

To sign up, please contact Ronnie Wong at RonnieW@westsiderc.org or 310-258-4047

This project is funded by the Mental Health Services Act (MHSA) in partnership with the Department of Developmental Services. This project is administered by WRC in collaboration with WFREC.