

# Complex Needs

## PRACTICAL SOLUTIONS

# Working Together Towards Success:

Cross-Disciplinary Approaches to Assessment and Management of Developmental Disabilities and Mental Health Disorders

Nov 10, 2010 • Skirball Cultural Center, Los Angeles, CA

## Register online: [www.mhsinc.org/calendar](http://www.mhsinc.org/calendar)

### FREE CEs • Registration fee: \$40

- 9:00am - 10:00am**      **Registration and Continental Breakfast**
- 10:00am - 12:00pm**      **You Can't Judge a Book by its Cover: Recognizing Behaviors and Avoiding Diagnostic Overshadowing in Children and Adults**  
*Mayra Mendez, PhD, LMFT -  
Clinical Coordinator of Developmental Disabilities Programs, Saint John's Child & Family Development Center*
- 12:00pm - 1:00pm**      **Networking Lunch**
- 1:00pm - 2:30pm**      **You Are Not Alone: Managing Care & Increasing Referrals for Patients with Co-Occurring Developmental Disability and Mental Illness**  
*Mayra Mendez, PhD, LMFT -  
Clinical Coordinator of Developmental Disabilities Programs, Saint John's Child & Family Development Center*
- 2:30pm - 2:45pm**      **Break**
- 2:45pm - 4:30pm**      **Having a Plan: Management Strategies from a Psychiatric Perspective**  
*Eraka Bath, MD -  
Director of Child Forensic Services & Assistant Professor in the Department of Psychiatry at the UCLA Neuropsychiatric Institute*



**Skirball**  
Cultural Center

DIRECTIONS: 2701 North Sepulveda Boulevard, Los Angeles, CA 90049 (310) 440-4500

From the 405: Take the SKIRBALL CENTER DR. / MULHOLLAND DR. exit • Turn RIGHT onto SKIRBALL CENTER DR. • Turn RIGHT onto N SEPULVEDA BLVD. • Turn LEFT onto HERSCHER WAY.

Presented By:



**WESTSIDE**  
REGIONAL CENTER

Partners:



Los Angeles County  
Department of Mental Health  
To Enrich Lives Through Effective and Caring Service



**NORTH LOS ANGELES COUNTY**  
REGIONAL CENTER



**MHS** MENTAL  
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SYSTEMS

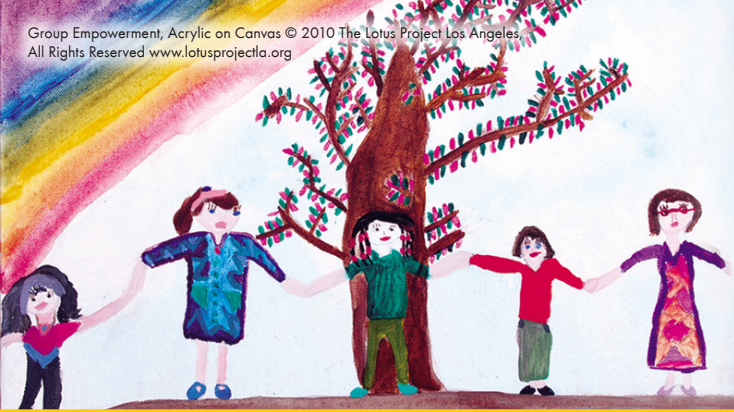
Solutions Building  
Community Collaborative



**Westside Family Resource  
and Empowerment Center**  
LA County Inclusion Partnership



Conference sponsored by MHSA grant from the State Department of Developmental Services



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### Description

This conference will focus on the factors that make it difficult for providers to determine whether a challenging behavior may be due to medical, psychiatric, or developmental issues. Speakers will use real-life sample cases to illustrate screening, assessment, diagnosis, and management of developmental disabilities and mental health disorders in children and adults. Attendees will be given practical tools and referral strategies to better manage this population with complex needs.

### Target Audience

Physicians, licensed/independent clinicians, and interns/residents in training.

### Objectives

1. Discuss maladaptive behavioral symptoms and presentation of the patient/client with behavioral challenges and formulate a differential diagnosis.
2. Compile sample cases and discuss the complicating factors when attempting to understand how emotional and cognitive characteristics intertwine.
3. List local resources, collaboration and referrals when managing patients/clients with developmental disabilities and mental illness.
4. Discuss issues associated with psychopharmacology, including targeting medication to behaviors, polypharmacy, and side effects.
5. Describe communication and cultural competency in developmental and mental health.

#### APPROVED CONTINUING EDUCATION BY MENTAL HEALTH SYSTEMS

Mental Health Systems is an approved provider for the following professionals:

**LCSWs/MFTs:** Course meets the qualifications for 5 hours of continuing education credit as required by the California Board of Behavioral Sciences (Provider #PCE 2280).

**CAADE:** California Association for AOD Educators (Provider # CP40-829-C-0311)

**CAADAC:** California Association of Alcoholism and Drug Abuse Counselors (Provider # IS-01-478-1011)

**CAARR:** California Association of Addiction Recovery Resources (Provider #5046)

**RAS:** Breining Institute. Registered Addiction Specialist (Provider # CEPO803031013-WRM-HS-CW)

**BRN:** Mental Health Systems is approved by the California Board of Registered Nursing (Provider # CEP15343 for 5 CEH's)

**APA Approval:** Mental Health Systems is approved by the American Psychological Association to sponsor continuing education for psychologists. (Provider # 1719)

Mental Health Systems maintains responsibility for this program and its content.



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