

Integrating Mental Health Evidence-Based Practice: Child-Parent Psychotherapy (CPP) and Intellectual Disabilities Case Study Workshop

June 28, 2016 • 9am - 12pm
Westside Regional Center—Conference Room 4A
5901 Green Valley Circle, Los Angeles, CA 90230

About the Event

Westside Regional Center is providing a 3-hour workshop to community mental health providers to strengthen their knowledge of Regional Center eligibility and services, developmental differences profiles, and application of Child Parent Psychotherapy (CPP) with special needs populations.

This training will explore the application of CPP with intellectual and developmentally disabled populations. Participants will explore the core concepts of evidence-based practice in special needs infant-preschooler populations, evaluate mental health treatment issues specific to special needs populations and trauma, and discuss integration of the CPP model. Participants will also have the opportunity to share and explore treatment concerns and challenges.

Participants Will:

1. Demonstrate knowledge of the Regional Center system (i.e., eligibility and services).
2. Demonstrate knowledge of trauma and special needs population.
3. Demonstrate understanding of developmental differences impact on trauma treatment.
4. Apply the CPP model with case study of intellectual and developmental disabilities.
5. Demonstrate understanding of how developmental differences and cognitive deficits impact the adaption of evidence-based practice, CPP.

Presenter

Mayra Mendez, Ph.D., L.M.F.T., C.G.P. has been working as a specialist in the area of mental health and intellectual and developmental disabilities for the past 30 years. She is recognized as an Infant/Preschool Mental Health Specialist and Reflective Practice Supervisor. She is the program coordinator for the developmental disabilities/mental health team at Providence/Saint John's Child and Family Development Center in Santa Monica and a consultant to Westside Regional Center.

Dr. Mendez provides community trainings and consultations in the field of developmental disabilities and infant/preschool mental health. She is an adjunct instructor at Alliant International University/California School of Professional Psychology and a core faculty trainer for Los Angeles Child Guidance Center Early Intervention Training Institute. Dr. Mendez also provides expert testimony for cases involving special needs expertise and serves as an expert witness in disciplinary cases for the Board of Behavioral Sciences.

Cost: FREE!!!

To attend, please sign up at <https://seeking-safety-half-day-follow-up.eventbrite.com>

If you have questions, please contact Lindsay du Plessis at lindsayd@westsiderc.org or 310-258-4204.

This training event is funded by the Mental Health Services Act (MHSA) in partnership with the Department of Developmental Services.