

SEEKING SAFETY

Two-day Clinician Training

May 10th & 11th, 2016 • 8:30am - 4pm
Westside Regional Center—3rd Floor Board Room
5901 Green Valley Circle, Los Angeles, CA 90230

About the Event

Westside Regional Center is organizing a series of training events on Evidence-Based Practices approved by the Los Angeles County Department of Mental Health for Prevention and Early Intervention (PEI) services. Staff attending the training with the intention of claiming client services to Los Angeles County MHSA PEI Programs, must ensure that clients meet the PEI target population guidelines.

Seeking Safety (SS) is an evidence-based, counseling model to help people attain safety from trauma and/or substance abuse. The model was designed for flexible use. It can be conducted in group or individual format; for men and women; adults or adolescents; for any length of treatment; any level of care (e.g., outpatient, inpatient, residential); any type of trauma, any type of substance.

Learning Objectives:

- ◆ Describe Seeking Safety
- ◆ Review clinical issues in treating trauma and substance abuse
- ◆ Increase empathy and understanding of trauma and substance abuse.
- ◆ Provide assessment and treatment resources.
- ◆ Identify how to apply Seeking Safety for specific populations, such as homeless, adolescents, criminal justice, HIV, military/ veteran, individuals with developmental disabilities, etc.

Presenter

Gabriella Grant, MA, trains professionals on an array of topics, including trauma, substance abuse, PTSD, eating disorders, problem gambling, domestic violence, sexual assault and child abuse.



Ms. Grant is the director of the California Center of Excellence for Trauma Informed Care in Santa Cruz overseeing the Center's research, program and professional development as well as policy analysis activities.

Ms. Grant's background includes heading the nation's first community corrections-based victim advocacy program for the Maryland Division of Parole and Probation and running a three-year project funded by the California Department of Public Health to increase access to domestic violence shelters by women with mental health and/or substance abuse issues.

Cost: FREE!!!

To register, go to: <http://2day-seeking-safety-wrc.eventbrite.com>

**If you have any questions, contact Lindsay du Plessis
at lindsayd@westsiderc.org or 310-258-4204.**

Continuing Education Credits Offered!

CE credits are offered to PSY, MFT, LCSW, and BRN. Course meets the qualifications for 12 hours of CE credits for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. CE credits are approved by the American Psychological Association to sponsor continuing education for psychologists.

This training event is funded by the Mental Health Services Act (MHSA) in partnership with the Department of Developmental Services.